# LIFE'S AN ABVENTURE EVERY MOMENT AN OPPOR TUNITY!



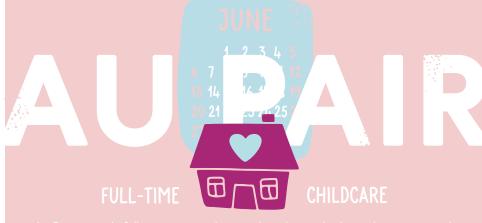
#### AU PAIRS CHANGE LIVES -STARTING WITH THEIR OWN

As an Au Pair, you get the exciting opportunity to live and travel in the U.S., experience American culture, be part of an American family and care for their children full-time-but that's not all.

It's a journey of self-discovery, growth, and connection-to share who you are, your culture and traditions, and make a difference in a family's life and let them make a difference in yours in ways that will surprise you.

You gain valuable work experience, improve your English, further your education and meet new friends from around the world. It's an opportunity to set new intentions and goals and have the resources to help you reach them with the support of the Go Au Pair Community.





Au Pairs provide full-time care and supervision for their host kids, become role models, big brothers/sisters and a positive influence in their lives. It's a big responsibility and rewarding experience that requires patience and maturity.

Au Pairs help also with household tasks related to the children such as meals.

laundry, and tidying their rooms and play areas.

Au Pairs provide up to 45 hours of child care each week, a maximum of 10 hours per day and get a minimum of 1.5 days off each week, at least 1 weekend off each month, plus 2 weeks paid vacation.



#### **RENEFITS**

A minimum weekly stipend of \$195.75 is paid directly to you by your Host Family equaling \$10,179 or more per year. You may earn more depending on your experience and qualifications.

Au Pair benefits include

 Private bedroom, meals, basic household items and toiletries provided by your Host Family

- \$500 maximum Education Allowance and transportation to school provided by your Host Family
- 6-day Au Pair Workshop at an American University in New York
- · Accident & Illness Travel Insurance
- Most Host Families offer access to the family car, a cell phone and some paid holidays like Christmas

## DO I QUALIFY?

Go Au Pair and the U.S. Department of State set the requirements to be accepted into the Au Pair Program. Your Au Pair agency in your home country can help with any questions. Check this list to see if you qualify!



 Acceptance into the Au Pair program starts with a personal interview in English by one of our representatives, a physical exam, and successfully passing a background check for verification of school, employment references, criminal background and a psychometric test.

- 18 26 years old
- Secondary School Graduate or Equivalent
- Speak Proficient English
- Have Child Care Experience
- 3 Personal & Child Care References
- Can live in the US for 1 year



- 2. Submit an application, photos, and a letter of introduction to Go Au Pair The application serves as your Au Pair profile and is visible to prescreened Host Families on our Go Au Pair Community when it is approved.
- 3. Sign an agreement stating you understand the rules, regulations and financial obligations of the program.

### MATCHING WITH



#### A HOST FAMILY

Interested Host Families who have viewed your profile can chat with you through the community and web conferencing. If there is a potential match, Host Families share their profile and photos with you and make you an offer, but the final decision is yours to accept who you are placed with.

Go Au Pair thoroughly screens and qualifies all Host Families including references, background checks, a home inspection and interviews with all adults in the home. Feel safe and confident you'll be placed with a Host family who is ready and excited to welcome you into their home.



The first steps to laying a foundation for success begin in your home country with 32 hours of child care training through interactive multimedia at your own pace.

Your arrival to the US starts at an American university in Long Island, New York for the 6-day Au Pair Success Workshop. In-depth classes and group activities give you the practical skills and knowledge you need for day-to-day living in the US and creating a successful relationship with your Host Family.

Arrive at your Host Family's home with a skill set for success and the confidence to step into your new role as a child care provider and as part of an American family.



#### **DRIVING BOOT CAMP**

Get behind the wheel for your first time in the US with a certified instructor. Learn about US driving laws and how they differ from your country, US driving habits, road signs, getting licensed and child safety.



#### CPR & FIRST AID CERTIFIED

Get certified with up-to-date techniques in CPR and First Aid when you attend our hands-on class taught by the experts at American Red Cross. It's valid for 2 years and recognized around the world.

### CAREER PATH

## & EDUCATION









## NEW YORK CITY & BEYOND



The Au Pair program has many travel benefits and opportunities. A J-1 Visa sponsorship and round trip airfare to the U.S. are paid for. Weekends, 2 weeks paid vacation and 30 days at the end of the visa sponsorship bring travel opportunities throughout the program.

Explore your neighborhood and discover local area attractions with your Local Area Representative and other local Au Pairs. Travel with your

Host Family, vacation on your own or visit friends you make at the Au Pair Success Workshop.

Get travel savvy in the U.S. with a full-day in New York City during the Au Pair Success Workshop! Explore the streets of Manhattan with your friends and visit iconic Big Apple attractions like the Statue of Liberty, Empire State building, Times Square and more!

#### COMMUNITY AND SUPPORT

The Go Au Pair Community is a collective of inspirational leaders-the agency in your home country, the Go Au Pair staff and Local Area Representatives-who empower Au Pairs with the support and resources they need to be a success.

Local Area Reps facilitate the initial transition and expectations between an Au Pair and Host Family, offer support throughout the year and plan fun outings for local Au Pairs.

Au Pair Sis is your go-to for inspirational stories and a place to share your own. Find her on your favorite social sites.

Trust your experience to the Go Au Pair Community, where friends support each other, learn and grow together and most of all laugh and have fun together.

It's your chance to unleash your potential, become stronger, more independent, and create the changes you want in your life and maybe even in the world.



